



UNITE
FOR
GOOD

ASHOKA NEWSLETTER NOVEMBER, 2025

ROTARY CLUB OF DELHI SOUTH

R. I. President: Rtn. Francesco Arezzo

District Governor: Rtn. Dr. Ravinder Gugnani

NOVEMBER GROUP - 350 YEARS OLD

President Kaval alongside her other virtues, is blessed with a wacky sense of humour which came to the fore in casting the November group!! There is one nonagenarian in **Amarnath Goyal**, three octogenarians in the form of **Lakshmi Khanna**, **Suneel Bhasin** and **the writer**, and the only lady **Illa** who brought ample colour and glamour to the group alongside the spouses who too were yoked in for support, is waiting in the wings to join. If you may, it adds upto 350 years, give or take a decade or two, of an aged labour force !! For good effect Kaval added two doctors- **Alok Agarwal** and **Manish Dhawan** for support to the oldies to keep the boat afloat in case their centre of gravity shifted!! The docs have done an admirable job in keeping their spirits high, as the group tottered along to stitch the activities of the month of November.

Both Alok and Manish are blessed with an inexhaustible store of empathy and patience to deal with the idiosyncrasies of the super seniors like their four befuddled fellow members who constitute the November group!! Many an ache, a flutter of the heart,

a creaking joint or a fluctuating BP was treated with patience and a friendly camaraderie. Messers Goyal, Illa, Lakshmi, Suneel and self rejoiced with the clock chiming the midnight hour intervening on November 30. We had survived the onerous responsibility of carrying thirty days on our fragile shoulders and our visages sported palpable relief as the baton passed on to the December group and the doctors could finally sleep at peace!! Requests of settling their fees were adroitly sidestepped with banter, good humour and kindness (reserved for the oldies) finally settling with sharing of a swig together. The vexatious exercise of selecting an acceptable malt or blended, smoky or non was finally settled with shared tipples of Glendronach Revival Malt!! Doctors are healers not by scalpel and medication alone but by employing patience (as in patient) fraternity, empathy, and kindness. The November group raises a toast to the legion of doctors who practice the profession with salutary compassion which heals more than the elixir.

Inderjeet Singh



Lakshmi & Neeraja Khanna



Amarnath & Shashi Goyal



Alok & Chhaya Agarwal



Dr Manish & Dr Sheetal Dhawan



Illa Jain



Suneel & Rita Bhasin



Inderjeet Singh & Dindi

Postscript

I am overwhelmed...

The President has ceded the front page which traditionally carries her message and parked my discursive and idiosyncratic write up!! I am beholden to her for this spontaneous gesture.

Inderjeet Singh

PRESIDENT'S MESSAGE TO THE CLUB



Dear RCDS Family

This past month has been one of truly remarkable recognitions and proud moments for our club. Each honour received is not merely an award—it is a mirror of the heart, dedication, and excellence that our members bring to Rotary every single day. On a personal note, it was a privilege to be selected as

an Elected Member of the Rotary Cancer Foundation for District 3011 and District 3012—an honour I accept on behalf of the spirit of service that defines RCDS.

We are blessed to have members whose commitment, generosity, and unwavering drive place the Rotary Club of Delhi South among the finest in our district and beyond. Whether your contributions are visible or quietly carried out behind the scenes, each one plays a vital role in elevating our reputation and magnifying the impact of every project we undertake.

As we move forward, we continue our journey of enriching our projects and expanding our reach, grounded firmly in the values of service, fellowship, and compassion. Every initiative becomes more meaningful because of the passion with which you embrace it.

There is a special kind of love and enthusiasm that the members of RCDS carry—a spirit that lights up every meeting, every project site, and every moment shared together. This collective energy fuels our impact and inspires us to dream bigger, serve deeper, and transform more lives.

As you browse through this newsletter, I invite you to enjoy reading about our acts of service and the fellowships that strengthen the fabric of our club. These stories beautifully capture the heart and soul of RCDS.

With deep gratitude for your involvement, and immense pride in what we stand for as a family,

Let us continue this extraordinary journey - together.

With Humility and Gratitude

Rtn. Kaval Verma

President 2025–26

Rotary Club of Delhi South

A Moment That Touched Our Hearts

During our school visit on 21st November 2025, something incredibly simple—and incredibly powerful—reminded us what true generosity looks like.

As we were interacting with the children, a little champ, turning 9 years old, walked up to us with the biggest smile... and a tiny “Melody” toffee in his hand. It was his birthday, and in his own sweet way, he wanted to share his joy with us. His friends proudly stood by, cheering him on.

In that one small gesture, he taught us a big lesson:

You don't need to be privileged to give. You just need a big heart.

These little ones, with so little in their pockets but so much love in their souls, showed us what true giving feels like. We were humbled... and honestly, blessed to enjoy a little “melody itni chocolate bhari” from the purest hands possible. Some moments stay with you forever. This was one of them.



MEETING WITH THE ROTARY INTERNATIONAL PRESIDENT



On 12th November 2025, it was a privilege for President Kaval Verma to be invited to the inauguration of Prem Sagar Heart Centre, Gurugram by a fellow Rotary President.

The highlight of the event was the opportunity to meet Rtn. Francesco Arezzo, President of Rotary International (2025–26), who is currently visiting India and inaugurated the facility.

A true honour to interact with such inspiring leadership and to witness a milestone in community healthcare.

RCDS WINS THE ROTARY COURAGE IN CANCER CARE AWARD

November 2, 2025

AREA OF FOCUS : PUBLIC IMAGE



Our Public Image defines how the world sees Rotary - a movement of compassion, credibility, and collective strength.

On 2nd November 2025, at the District 3011 Public Image Seminar, Rotary Club of Delhi South was honoured with the **Rotary Courage in Cancer Care Award**, recognising our pioneering and sustained efforts in Cervical Cancer Prevention.

This milestone reflects the strength of our Rotary family and the spirit of Service Above Self. While Rtn. Kriti Makhija and President Rtn Kaval Verma are steadfastly amplifying our public image through social media, radio, news media and podcast initiatives, the heart of this achievement lies in the dedicated efforts of Rtn. Vandana Bhalla. Her vision,

relentless commitment, and compassionate leadership turn ideas into impactful action — giving all of us powerful stories of service to share.

We remain deeply grateful to District Governor Rtn. Dr. Ravinder Gugnani for recognising our work with this prestigious honour.

The award ceremony was graced by our RCDS ambassadors, Rtn. Amarnath Goyal, Rtn. Lakshmi Chand Khanna, and R'anne Neeraja Khanna, who proudly represented our Club.

Together, let us continue to serve with purpose, inspire with action, and shine a light on the work that changes lives.

Rotary Club of Delhi South — Serving with Compassion, Leading with Courage.



BY INVITATION. NO CHILD LEFT BEHIND: CLOSING INDIA'S IMMUNISATION GAP

By Deepak Kapur - November 03, 2025

TO SUSTAIN ITS POLIO-FREE STATUS, INDIA MUST EQUIP ITS PUBLIC HEALTH SYSTEMS FOR THE TASK



National Immunisation Day helps widen coverage and reach underserved communities

Photo Credit: ASHOK R

We are happy to share coverage in The Hindu Business Line (Print and Online) basis the opinion piece shared by Mr. Deepak Kapur on India's progress and challenges in closing its immunisation gap, particularly in the fight against polio.

The coverage has appeared in the national edition on Page-9 and online.

Link of the story - https://www.thehindubusinessline.com/specials/pulse/no-child-left-behind-closing-indias-immunisation-gap/article70219871.ece#google_vignette

The article titled 'No child left behind: Closing India's immunisation gap' highlights the importance of maintaining high immunisation coverage, strong surveillance, and rapid response systems to prevent any reintroduction of the polio virus from neighbouring countries like Pakistan and Afghanistan, where the disease is still present.

About the publication- The Hindu Business Line is the leading resource on Indian business. It is a financial and business daily newspaper published by Kasturi and sons Limited, also popularly known as The Hindu Group of Publications. The newspaper has a readership of 720K people and its online portal sees daily pageviews of 2,900,000.

Dear RCDS Family

Please find attached an insightful opinion piece shared by our PDG Rtn. Deepak Kapur (Chair, Rotary International India PolioPlus Committee) on India's progress and the challenges that remain in closing the immunization gap, particularly in our ongoing fight against Polio.

This article was published in The Hindu on 3rd November 2025, and serves as a strong reminder of the crucial role Rotary continues to play in sustaining momentum towards a Polio-Free world.

Warm regards

Rtn. Kaval Verma

In 2024, India significantly reduced its count of zero-dose children — those who have never received immunisation — by 43 per cent. Yet, more than nine lakh children remain outside the reach of routine immunisation, creating pockets of vulnerability to vaccine-preventable diseases, including polio. Closing these gaps is essential to maintaining India's polio-free status.

Polio remains uneradicated in neighbouring Pakistan and Afghanistan, and there is an ever-present risk of importation. Surveillance, response, and outreach together form the backbone of resilience against polio and other vaccine-preventable diseases.

India's victory over the paralysing disease was confirmed in 2014, when the World Health Organization (WHO) certified the country as part of its Southeast Asia region free of the virus. This milestone was built on the Pulse Polio Programme's (1995) outreach strategies to overcome vaccine hesitancy, reach mobile populations, and keep polio immunisation coverage high through regular campaigns. Through National Immunisation Days, millions of health workers, volunteers, and community leaders rallied together to reach every child with the oral polio vaccine.

No child left out: Closing India's immunisation gap

BY
INVITATION



DEEPAK KAPUR

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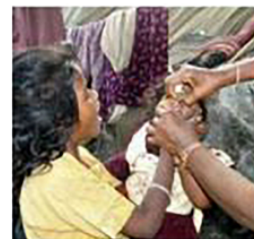
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NATIONAL MISSION

To this day, National Immunisation Days are important to maintain coverage and reach underserved communities. For instance, in Rajasthan, mobile vaccination units travel with nomadic groups to ensure their children can receive their doses on the move. In Mumbai's crowded slums, polio immunisation campaigns held alongside local events have helped increase turnout and build trust. As the country marks World Polio Day 2025, these heroes' efforts are a reminder that the progress must be protected.

High routine immunisation rates in most States have kept this debilitating disease from paralysing children, yet averages can hide areas where coverage falls short. In these



ALL ABOARD. Immunisation drives help reach underserved communities

districts, unvaccinated children remain at risk, leaving communities vulnerable to preventable outbreaks.

India's success in eliminating polio was built on one of the most advanced disease surveillance systems in the world. The Acute Flaccid Paralysis (AFP) network, developed under the National Polio Surveillance Project, tracked poliovirus transmission in diverse environments, ranging from dense urban centres to remote rural areas.

This vigilance enabled targeted immunisation responses. In 2009, for example, detection of polio cases in high-risk districts, including regions bordering Pakistan — which, along with Afghanistan, continues to report cases of wild polio — triggered immediate vaccination drives, helping prevent spread across borders.

SUSTAINABLE ROADMAP

With more than 27 million births annually and in light of government plans to scale back the National Polio Surveillance Project, ensuring comprehensive monitoring of polio cases is becoming increasingly challenging.

The more sustainable path is to adapt and embed this network into broader public health systems, preserving its reach and sensitivity while improving efficiency.

Surveillance is only half the battle. A robust response system is essential to turn data into targeted interventions. The path forward is clear: adapt to emerging challenges and ensure no child is left behind. Choosing action over complacency is the only way to protect decades of progress.

(The writer is Chair, Rotary International's India PolioPlus Committee. Views are personal.)

RTN. ANIL K. AGARWAL REPRESENTS INDIA AT BRICS 2025 SUMMIT IN ST. PETERSBURG

AREA OF FOCUS : PUBLIC IMAGE



Rtn. Anil K. Agarwal, (PP RCDS, Chairman Planning & Strategy, Rotary District 3011) brought immense pride to our club and to India as he participated in the BRICS 2025 Business Summit held in St. Petersburg, Russia, serving as an Ambassador of IMBRICS, appointed by the Government of Moscow.

The summit convened senior global leadership — Ministers, Governors, policymakers, and industry visionaries from BRICS nations — to shape future collaboration in trade, technology, and international development. In this distinguished forum, Rtn. Anil was the only speaker from India, a remarkable honour reflecting his stature and contributions in international business, diplomacy, and cross-border cooperation.

The discussions highlighted Russia's significant strides in Artificial Intelligence, Robotics, Machine Learning, and frontier technologies, underscoring its emerging position as a



global innovation leader.

The summit opened with a spectacular cultural performance featuring classical Russian ballet, symbolising the country's rich heritage and its modern global outreach. Beyond formal sessions, PP Rtn. Anil K Aggarwal engaged in impactful conversations with BRICS leaders, exploring opportunities to deepen economic and collaborative

ties between India and fellow member nations.

We congratulate PP Rtn. Anil K Aggarwal for this outstanding achievement and for representing India and our Rotary fraternity on such a prestigious global platform. His participation reinforces the values of global engagement, peacebuilding, and service-driven leadership that Rotary proudly upholds.

LIFETIME ACHIEVEMENT AWARD - DEEPAK KAPUR

An Honour for Rotary Club of Delhi South — A Moment We Will Cherish Forever



HUGE NEWS! A Lifetime Achievement Honour for Our Guiding Light!

The Rotary Club of Delhi South stands tall today, filled with immense pride and gratitude. Our mentor, our compass, and the epitome of selfless leadership — PDG Rtn. Deepak Kapur — has been bestowed the prestigious Lifetime Achievement Award at The Leaders Meet, TEJAS in Delhi!

This recognition is more than just an award — it is a celebration of a lifetime dedicated to service, integrity, and Rotary values.

Why This Honour Means So Much

For all of us in the Rotary family, Deepak ji represents:

- Unshakeable integrity
- Visionary leadership
- A heart that beats for service
- Decades of mentorship that has shaped leaders across District 3011 and far beyond

From guiding Presidents year after year, to steering large-scale district initiatives, to quietly supporting clubs whenever they needed direction —



his influence is woven into the very fabric of Rotary in our region.

And in classic PDG Deepak ji's style, he accepted the recognition with grace, saying simply "It was an honour to receive this today."

Such humility from someone who has given so much, for so long.

A Moment for Both PGD Deepak ji & Dr. Vaneeta

This journey of service has always been strengthened by the unwavering support of Dr. Vaneeta Kapur, whose warmth, compassion, and presence uplift every Rotary space she steps into.

Together, they represent everything beautiful about Service Above Self.

Our Salute

On behalf of the entire RCDS family: **Congratulations, PDG Deepak ji and Dr. Vaneeta!**

We salute you for your lifelong commitment to humanity, your inspiration to thousands, and your blessings that guide us every single day. Today, Rotary celebrates **YOU** - and so do **WE!**



DISTRICT EVENT - THE LEGEND OF NAWAB JAAN

November 8, 2025



On 8th November 2025, some of our members attended "The Legend of Nawab Jaan" musical organised by the District Governor, Rtn Dr. Ravinder Gujnani at the Manekshaw Centre — a graceful production blending classical music, elegant choreography, and a beautifully told story from a bygone era.

Representing RCDS were Rajni & Som Dua, Sarita & Deepak Kapoor, Sanghamitra & Tridibes Basu, Rita Kumar, Vandana & Dr. Neeraj Bhalla, Shailen & Kaval Verma who all thoroughly enjoyed the enriching cultural experience.

What followed was a delightful fellowship, a warm, vibrant gathering where our members mingled with Rotarians from across the District. Wonderful conversations, new connections, and shared laughter made it truly special.

Events like this strengthen the bonds within our Rotary family. A perfect blend of culture and camaraderie — an evening to remember.



SPEAKER MEETING

November 9, 2025

RCDS Meeting Highlights – A Celebration of Fellowship, Service & Learning



On 9th November, 2025, Rotary Club of Delhi South conducted a Speaker Meeting which was a warm blend of Rotary tradition, fellowship, and knowledge-sharing. The session began on a dignified note as President Rtn. Kaval Verma assumed the collar of office, symbolizing leadership rooted in service. Members joined together in the National Anthem and reaffirmed Rotary's guiding values through the Four-Way Test, setting an inspiring tone for the afternoon.

President Kaval welcomed members and guests, extending special greetings to Dr. Setu Gupta and Mrs. Gupta. In her address, she reflected with pride on the club's vibrant activities over the past weeks — from a joyous Diwali Fellowship filled with music, dance, and togetherness, to impactful service initiatives including food distribution at Sankalp Centres, participation in school community events, and a heartfelt Bhandara with the residents of The Earth Saviours Gurukul. The club's ongoing commitment to women's health continues to shine, with 1,428 cervical cancer vaccinations successfully administered across multiple schools in Delhi and Jaipur.

The efforts were recognised through the Rotary Courage in Cancer Care Award, underscoring RCDS's leadership in public health and community welfare.

A standout moment of the meeting was the engaging talk by Dr. Setu Gupta, Senior Endocrinologist from Sir Ganga Ram Hospital, who shared insights on emerging anti-obesity medications and the evolving landscape of metabolic health management. His session sparked lively interaction and left members enriched with understanding of a rapidly advancing field of medicine.

The afternoon closed with cheerful celebration of birthdays and anniversaries, warm fellowship, and enthusiastic support for Rotary causes — including encouraging contributions towards the Polio Fund. As always, the gathering reflected the spirit of Rotary: service blended with friendship, learning, and community.

With renewed commitment and upcoming fellowship programs and service initiatives on the horizon, the Rotary Club of Delhi South continues its journey of purposeful action — serving humanity with heart and honour.



TEJAS RISE & SWING 2025 – CELEBRATING CSR CHAMPIONS THROUGH THE SPIRIT OF GOLF

November 12, 2025

AREA OF FOCUS : PUBLIC IMAGE



The Rotary Tejas Rise & Swing 2025 golf tournament, held on 12th November 2025 at the picturesque Qutab Golf Course, New Delhi, brought together corporates, changemakers, and Rotarians for a morning of purpose-driven sport. As part of the Rotary Zone Institute's Tejas initiative, the event was inaugurated in the esteemed presence of the Rotary International President, Rtn Francesco Arezzo, making it one of the most significant CSR engagement events designed to honour India's leading CSR contributors—corporates and institutions whose commitment continues to strengthen Rotary's mission across communities.

Rotary Club of Delhi South was well represented at the tournament. Rtn Amarjit Singh, Rtn Dr. Neeraj Bhalla, Rtb Ajay Kumar, and PP Rtn Tridibes Basu represented RCDS

in what turned out to be a delightful morning of fellowship on the greens. The camaraderie, friendly competitiveness, and impeccable organisation made the event thoroughly enjoyable for all participants.

A landmark achievement of the event was the raising of an impressive USD 250,000 (2 crore+) in CSR funds dedicated to Polio eradication efforts across India.

The presence of the RI President added significance and inspiration to the moment, appreciating India's continued leadership in this global cause.

With outstanding participation, perfect weather, and a powerful cause, the event truly lived up to its tagline:

"Swing with Purpose."



CERVICAL CANCER VACCINATION CAMP

November 2, 2025

AREA OF FOCUS : DISEASE PREVENTION & TREATMENT

A Step Forward in Protecting Our Children

On 2nd November 2025, Rotary Club of Delhi South, successfully conducted a Cervical Cancer Vaccination Camp today at NSG (National Security Guards) premises. We are happy to share that 50 children received their first dose of the vaccine, taking another meaningful step toward safeguarding the next generation from cervical cancer.

Representing RCDS were: Rtn. Vandana Bhalla, President Rtn. Kaval Verma and R'anne Punita Taneja.

We extend our sincere appreciation to everyone who contributed to making this initiative a success. Together, we continue to serve and protect our community through awareness and action.



CERVICAL CANCER VACCINATION CAMP

November 7, 2025

AREA OF FOCUS : DISEASE PREVENTION & TREATMENT

On 7th November 2025, we held a Cervical Cancer Vaccination Camp at St Margaret Sr. Secondary School in Rohini. 140 girls vaccinated.



CERVICAL CANCER VACCINATION CAMP

November 11, 2025

AREA OF FOCUS : DISEASE PREVENTION & TREATMENT

On 11th November 2025, we successfully administered the second dose of the Cervical Cancer vaccine to 140 young girls at **Indra Prastha Convent School, Begampura, Rohini**. Rotary Club of Delhi South was the lead Club, supported by Rotary Club of Faridabad One and Rotary Club of Southend Next. Representing RCDS was President Rtn. Kaval Verma.



BHALLA'S FOR RCDS-CERVICAL CANCER

Vandana Bhalla of the Rotary Club of Delhi South has brought to the fore the scourge of cervical cancer. Though virulent and with a high mortality it had laid dormant in the public domain for inexplicable reasons. It is a painful cancer and afflicts those who are careless about personal hygiene, or indulge in reckless promiscuous behaviour. It was in the Rotary year 2022-23 that she was tasked to create a new initiative which needed palliative attention and care. Vandana for long had cervical cancer cure on her radar, but it's vast scope and lack of resources were daunting, till PDG Ashok Kantoor encouraged her with a corpus of Rupees One lakh, which for Vandana was a nudge enough to spread her wings and wade in with a renewed vigour.

However, the vaccination really gained momentum in 2024 when PDG Mahesh Trikha made it his mission project. Vandana managed to receive support from Schott Poonawala for the free supply of cervical vaccines worth almost One Crore rupees which provided an immense fillip to the programme. PDG Mahesh Trikha encouraged Vandana to expand her vision beyond District 3011 and make it a pan India initiative, which she did and her quest received an admirable response from the Southern Hemisphere of the country. She and her team, mainly Kaval made several sorties to the South alternating with over two dozen camps in her parent district 3011, her campaigns thus a resounding

success. It was a monumental blitz, rarely witnessed in community service. Vandana battled bias from families in purdah, finally winning their approval and support.

Week upon week and at a frenetic pace, Vandana as the lead with members from other clubs, teamed to cover large swathes of population to vaccinate them against the dreaded virus. Vandana's infectious consistency and commitment seemed to have rubbed off on President Kaval who too has traversed parts of the country and her district to support Vandana. The collective energy of the two ladies augurs well for the future of the project. It's my conviction that no project past or present other than perhaps Gift of Life has generated consistent interest and traction as the cervical vaccination.

The project has truly taken wings with Schott Poonawala happily agreeing to continue with their support of an additional Three Crores rupees worth of vaccines. It is not difficult to envisage that it will now continue with a renewed and unabated energy alongside other collaborative initiatives with donors like Macawber Beekay, Innova Solutions and the heft of individuals like Virendra Mehta of Rotary Club Faridabad.

Good luck team Cervical!!

Inderjeet Singh

CHILDREN'S EYE CHECK CAMP

AREA OF FOCUS : MOTHER & CHILD

Rotary Club of Delhi South conducted a comprehensive Eye Check-up Camp at the Boys Primary School, Malviya Nagar - on 21st November 2025, ensuring that every child received essential eye-care screening. Our medical team carried out basic vision tests, refraction checks, and a quick eye-health examination to identify common issues such as refractive errors, squint indications, and general ocular hygiene concerns. Children were also sensitised to simple daily habits—like washing eyes regularly, avoiding rubbing, maintaining proper reading distance, and taking breaks from screens—to help protect and preserve their eyesight.

Next Steps

Referral for Advanced Care:

Students who require detailed evaluation or specialised treatment will be referred to our partner eye hospital, where further diagnosis and care will be arranged.

The Camp was Organised by Dr. Shweta Javali, Hony Secretary. President Rtn Kaval Verma and Rtn Shailen Verma supported the camp. This initiative reflects RCDS's continued commitment to child health, preventive care, and community service, ensuring that no child's learning is hindered due to undetected vision problems.



CERVICAL CANCER VACCINATION DRIVE

November 28, 2025

On 28th November 2025, Rtn Vandana Bhalla, represented Rotary Club of Delhi South in Baddi, Himachal Pradesh, where 1,038 children from various surrounding villages were vaccinated. This Mega Camp was an initiative of District 3011, District 3080, and Inner Wheel 308.

We express our gratitude to DG Dr. Ravi Gugnani, (District 3011), DG Ravi Prakashji (District 3080) Rtn Preeti Gugnani and District Chair Pooja Goel (Inner Wheel 308) for their

invaluable support in organising this impactful camp.

All 1,038 children were also provided with tea, snacks, and lunch after the vaccination. The entire programme ran smoothly and emerged as a major success.

We sincerely acknowledge our leaders whose guidance and involvement made this large-scale outreach possible across the villages.



SERVICE OF COMPASSION - LUNCH AT MOTHER TERESA HOME

November 30, 2025

AREA OF FOCUS : ECONOMIC AND COMMUNITY DEVELOPMENT

On 30th November 2025, over 35 Members of the Rotary Club of Delhi South offered a Service of Compassion lunch at Mother Teresa Home – Prem Daan, a place filled with warmth, simplicity, and extraordinary courage.

The residents—each one differently abled, yet radiating unmatched strength and innocence—made the experience profoundly moving. The atmosphere was serene and spiritual, with prayers sung gently before the lunch service. These heartfelt prayers set the tone for an afternoon filled with gratitude and quiet joy.

As the RCDS team entered, they were welcomed with beautiful words of affection and respect by the residents and the Sisters who care for them with immense dedication. The welcome felt less like a formality and

more like an embrace—pure, unconditional, and deeply touching.

A particularly emotional moment came when Sangeeta, who has been part of the home since she was abandoned as an infant, stood up to sing. Her voice—soft, honest, and filled with emotion—moved everyone present. Her song was not merely a performance; it was a story of resilience, love, and the healing that the Home has given her through the years. In September, our District Governor Rtn Dr Ravinder Gugnani ji had presented her a laptop.

It was an afternoon that left a lasting imprint on their hearts. A reminder that service is not measured in grand gestures, but in moments of shared humanity—in smiles, in songs, in the simple act of sitting together for a meal.



AN AFTERNOON OF WARM HOSPITALITY, NATURE & TOGETHERNESS

November 30, 2025

On 30th November, members of Rotary Club of Delhi South enjoyed a truly delightful Alfresco lunch fellowship hosted by Rtn. Inderjeet Singh and R'anne Dindi at their beautifully curated farm.

The setting was nothing short of magical — open skies, gentle winter sunshine, manicured greens, and a serene countryside charm that made everyone instantly feel at ease. The ambience blended rustic elegance with warm hospitality, creating the perfect backdrop for conversations, laughter, and fellowship.

The afternoon was filled with lively chats, meaningful exchanges, and the kind of camaraderie that only RCDS family can create. Members wandered freely between cozy seating clusters, enjoying both the serenity of nature and the joy of being together.

The food was a special highlight — a lovingly crafted South Indian menu featuring soft idlis, crisp vadas, dosas, sambhar, chutneys and other regional favourites. Complementing the flavours were exotic drinks, refreshing and vibrant, adding a festive touch to the gathering.

The finale was pure indulgence: Kesari halwa, warm brownies, chilled ice cream, and the aroma of authentic filter coffee drifting across the lawn — a perfect sweet ending to a perfect afternoon.

With over 60 RCDS members in attendance, the gathering reflected unity, enthusiasm, and the spirit of true fellowship.

It was a fitting close to a month that was full of activities, service, and celebrations — all beautifully organised by the incredible November Group.



THE DISTRICT LOVE EXPRESS

"If fellowship ever needed a definition — this was it"

What an unforgettable Chaiya Chaiya-style journey our amazing District Governor Rtn Dr. Ravinder Gugnani ji gifted his Presidents!

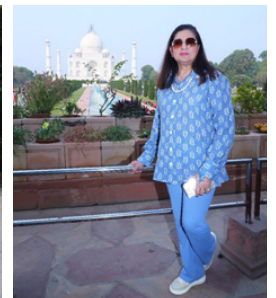
For President Rtn Kaval Verma, it was a day so full of joy, laughter, and warmth that its memories will stay with forever. Bonus of course was having PP Rtn Anil K Agarwal on the trip. We sang our hearts out, danced like no one was watching, teased each other, shared endless gossip, and enjoyed every bite of the delicious food served on board.

If fellowship ever needed a definition — this was it.

From the luxurious train ride to Agra, to the pampered hospitality, to the sumptuous meals, to exploring the city of love — every moment felt thoughtfully curated and absolutely delightful. The meticulously planned activities, the camaraderie, the fun interactions, and the pure Rotary spirit made this journey truly special.

It was a day of connection, inspiration, togetherness, and pure Rotarian joy.

A Love Express experience we will cherish for years to come. Thank you to our District Governor, Dr Ravi Gugnani ji.



VISIT TO SAI BABA LEPROSY CAMP

AREA OF FOCUS : DISEASE PREVENTION & TREATMENT

RCDS's Ongoing Commitment to Dignified, Inclusive Service

As part of our commitment to supporting vulnerable and underserved communities, Rtn Tridibes Babu organized a physiotherapy and self-care camp at the Sai Baba Leprosy Colony in Gurugram today morning. Residents underwent detailed physiotherapy assessments, including nerve and mobility evaluation, exercise guidance, and support for preventing deformities. They were also provided self-care kits and protective footwear specially designed for leprosy-affected individuals. This colony comprises families where one or more members have been impacted by leprosy. Along with the medical support, Rtn Tridibes Basu, R'anne Sanghamitra Basu, Rtn Shailen Verma and President Rtn Kaval Verma spent time with the residents and shared snacks — reaffirming our belief that true service brings dignity, care, and human warmth.



HAPPY BIRTHDAY

01 Kausy Madhavan	01 Dec
01 Dr. Shweta K. Javali	01 Dec
02 Meera Parikh	02 Dec
03 Ila Jain	03 Dec
12 Usha Aneja	12 Dec
17 Dr. Neeraj Bhalla	17 Dec
19 Jayshree Sawhney	19 Dec
24 Neeraja Khanna	24 Dec
24 Neelu Batra	24 Dec
27 Rekha Poddar	27 Dec
28 Amar Nath Goyal	28 Dec
28 Shashi Goyal	28 Dec
29 Anil K. Agarwal	29 Dec
31 Rachna Sadana	31 Dec



HAPPY ANNIVERSARY

01 Rajni & Som Nath Dua	01 Dec
04 Monica & Sanjeev Krishan	04 Dec
04 Mini & Pramod Agarwal	04 Dec
11 Mahesh Parikh & Meera Parikh	11 Dec
14 Nalini & Hemant Ahuja	14 Dec
14 Rita & Pradeep Kumar	14 Dec
22 Harleen & Hardeep Anand	22 Dec